שער הבטחון

The Gate of Trust



חובות הלבבות Duties of the hearts

-CHAPTER 7-





ברק שׁבִיעִי Chapter 7

DETRIMENTS TO TRUST

וְבֵיוָן שֶׁהִשְׁלַמְנוּ בַּשַּׁעַר הַזֶּה מַה שֶּׁהָיָה רָאוּי לוֹ מִן הַדְּבָרִים כִּפּי הַשְּׂנָהֵנוּ, רָאוּי לָנוּ עַתָּה לְבָאֵר מֵפָּסִידֵי הַבְּּפַחוֹן בֵּאלהִים.

וְאֹכֵר, כִּי מַפְּסִידֵי שְׁלֹשֶׁת הַשְּׁעָרִים הַקּוֹדְמִים בַּפֵּפֶר הַזֶּה כָּלְּם מַפְּסִידִים הבּמחוז.

וּמַפְּסִידָיוּ עוֹד, הַפּּכְלוּת בְּעַנְיֵן הַבּוֹרֵא וּבְמִדּוֹתָיוּ הַפּוֹבוֹת, כִּי מִי שָׁאֵינוֹ מֵבִין רַחֲמֵי הַבּוֹרֵא עַל בְּרוּאָיו וְהַנְּנָתוֹ עֲלֵיהֶם וְהַשְּׁנָּחָתוֹ וּמְשְׁלוֹ בָּהֶם וְשָׁהֵם קְשׁוּרִים בַּאֲסוּרָיו, לֹא יָנוּחַ לִבּוֹ וְלֹא יִסְמוֹךְ עליו.

וּמֵהֶם סִכְלוּתוֹ בְּמִצְוַת הַבּוֹרֵא יִתְבָּרֵף, רְצוֹנִי לוֹמֵר תּוֹרָתוֹ אֲשֶׁר הִזְּהִיר בָּה לִסְמוֹךְ עָלֶיו וְלִבְמוֹחַ בּוֹ, כְּמוֹ שֶׁאָמֵר (מלאכי ג, י) "וּבְחָנוּנִי נָא בָּזֹאת", וְאָמֵר (ישעיה כו ד) "בִּמִחוּ בַה' עֲדִי עַד".

וּמֵהֶם נְמוֹתוֹ אֶל הַפִּבּוֹת הַקְּרוֹבוֹת אֲשֶׁר הוּא רוֹאָה אוֹתָן, וְלֹא יֵדִע כִּי הָעֵלוֹת כָּל אֲשֶׁר תִּקְרַבְנָה מֵהַמְעוֹלֶל, תִּמְעַמ יְכְלְהָם לְהוֹעֵיל לַמְעוֹלֶל וּלְהַוִּיקוֹ. וְכָל אֲשֶׁר תִּרְחַקְנָה, יִהְיָה כֹּחַ יְכָלְתָּם לְהוֹעֵילוֹ וּלהזיקוֹ יוֹתר חזק ונראה. Having completed explaining in this gate that which is fitting to explain regarding the matters of *bitachon*, according to our understanding, it is now appropriate for us to explain which matters are an impediment to a person's trust in the Almighty.

I will say that those matters which are impediments to achieving the levels explained in the three previous gates are all also impediments to a person's trust in the almighty.

Other impediments to a person's trust in G-d are as follows: The foolishness that people have regarding the greatness of the Creator and His good attributes in which he conducts himself with his creations. For one who does not comprehend the Creator's compassion over his creations, his conduct with them, his supervision and rulership over them, and how they are connected to him with his chains, such a person will not be able to have peace of mind or be able to rely on him.

Another impediment to a person's trust in the Almighty is a person's ignorance regarding the Commandments of the Creator, blessed be He. I mean to say - His Torah, in which He has warned us to rely on Him and to trust in Him, as it says (in Malachi 3:10): "And test Me now in this," and as it says (in Yeshayahu 26:4): "Trust in the L-rd forever."

Another impediment to a person's trust in the Almighty, is a person's propensity to attribute his success to the immediate causes, which are apparent to him. He doesn't realize that when it comes to causes, the closer the cause is to the outcome, then the less of an ability they have to affect the outcome either positively or negatively. Conversely, the further the causes are from the outcome, the more they have the ability to affect the outcome both positively and negatively.

בְּמוֹ הַבֶּלֶךְ, בְּשֶׁהוּא רוֹצֶה לְעַנּוֹת אֶחָר מֵעֲבָדִיו, מְצֵנֶּה מִשְׁנֵהוּ לַעֲשׁוֹת, וְהַפִּשְׁנֵה מְצֵנֶּה הַשָּׁר, וְהַשָּׁר מְצֵנֶּה הַשׁוֹמֵר, וְהַשׁוֹמֵר מְצֵנֶּה לְסַרְדִּיוֹמ, וְהַפַּרְדִּיוֹמ מְצֵנֶּה הַנּוֹגְשִׁים, וְהַנּוֹגְשִׁים מְקַיְמִים הַמֵּעשֹׁה בָּכלִים מוּכִנִים לוֹ.

This can be likened to a king, whom when he wishes to afflict one of his servants, will instruct his second in command to execute his will. The second in command in turn instructs the chief of Police (who is his inferior). The Chief of Police then instructs the Sergeant, while the Sergeant instructs the officer who then instructs the task-masters. The taskmasters are the ones who actually inflict the punishment with the tools that have been prepared for it, such as the stick and the whip.

וַאֲשֶׁר יְכְלְתּוֹ מְעוּמָה מִבֻּלָּם לְהָקֵל מִצְעֲרוֹ וּלְהוֹסִיף עָלָיו, הֵם הַבֵּלִים, מִבְּנֵי שָׁאֵין לְהֶם חֵפֶץ, וְהַנּוֹּגְשִׁים יוֹתֵר יְכוֹלִים מֲהַבֵּלִים, וְכֵן הַפַּרְדְּיוֹם יוֹתֵר מֵהַנּוֹּגְשִׁים, וְהַשׁוֹמֵר יוֹתֵר מִכְּלָם, מִפְנֵי שֶׁאִם יִרְצָה וְהַשֶּּלֶךְ יוֹתֵר מִכְּלָם, מִפְּנֵי שֶׁאִם יִרְצָה ימחל לוֹ. The tools are the ones which have the least power, in fact they have no power whatsoever, to either ease the servant's pain or to add to it. This is because the tools have no will or choice at all. The taskmasters have more power than the tools. Likewise, the Officer has even more power than the taskmasters. The Sergeant has more power than the officer, while the Chief of Police has even more power than the Sergeant. The Second in command has more power than the Chief of police but the king has the most power of all of them, because if he wants, he can pardon him.

וּכְבֶר גִרְאָה לְּךְּ כִּי חֲלִישׁוּת הָעַלּוּת וְחָוְקְתָם לְהוֹעֵיל לַמְעוֹלֶל תִּהְיֶינָה כְּפִּי קְרְבָתָם וְרְחֲקֶם מִפֶּנּוּ. וְהַבּוֹרֵא יִתְעַלֶּה אֲשֶׁר הוּא תַּכְלִית הָעַלּוֹת בָּרֹחַק מִן הַמְעוֹלֶלִים, רָאוּי לִבְמוֹחַ בּוֹ וְלִסְמוֹךְ עָלְיו, לְחֹזֶּק יְכָלְתוֹ עַל תּוֹעַלְתָם וְנִוְקָם, בָּאָשֵׁר קַדְּמִנוּ מִן הַדְּבַרִים.

It is already apparent to you that the ability of the various causes to affect the outcome will be according to their closeness or distance from it. Since the Creator may he be exalted is the ultimate cause of all the causes and the most distant of all causes, therefore, it is fitting to trust him and rely on him, due to His strong ability to help a person or to cause him harm as we have explained here.

THE PROGRESS OF TRUST

וּכְלָלוֹ שֶׁל דָּבֶר בְּעָנְין הַבְּשָּחוֹן, כִּי יִתְרוֹן הַבְּשָחוֹן מֵהַבּוֹטְחִים בֵּאלֹהִים כְּכִּי יִתְרוֹן יְדִיעָתָם אוֹתוֹ, וָאֱמוּנָתָם בְּהַנְּנָתוֹ עֲלֵיהֶם וְרֹב הַשְׁנָּתָתוֹ עַל טוֹבָתָם.

וְהָנֵּה הַיֶּלֶּד בְּתְחַלֵּת עַנְיֶנוֹ בּוֹמֵחַ עַל שְׁדֵי אִפּוֹ, כְּמוֹ שֶׁנֶּאֲמֵר (תהלים כב, י) "מַבְפִיחִי עַל שָׁדֵי אָפִי".

וְכַאֲשֶׁר הֶחֶזַק הַבְּרָתוֹ, מֵשִׁיב בִּמְחוֹנוֹ עֵל אִמוֹ לְרֹב הַשְּׁנָחְהָהּ עֲלָיו, בְּמוֹ שֶׁנָאֲמֵר (תהלים קלא, ב) "אָם לֹא שִׁוִּיתִי וְרוֹמֵמְתִּי נַבְּשִׁי בְּנָמֻל עֲלֵי אִמוֹ בַּנָּמֻל עֲלַי נפשׁי".

וּכְשֶׁתֶּחֶזֵק הַבְּּרָתוֹ עוֹד וְרוֹאֶה בִּי הַנְהָנֵת אָמוֹ אֶל אָבִיו, מֵשִׁיב בִּמְחוֹנוֹ אֵלְיו לְמַעֲלַת הַנָּנָתוֹ עָלָיו.

וְכַאֲשֶׁר יֶחֲזַק גּוּפוֹ וְתִתָּכֵן לוֹ תַּחְבּוּלְה בְּמִחְיָתוֹ בִּמְלְאכָה אוֹ סְחוֹרָה וְתַדּוּמֶה לְהֶם, מֵשִׁיב בִּמְחוֹנוֹ אֶל כֹּחוֹ וְתַחְבּוּלְתוֹ, מִפְנֵי סִכְלוּתוֹ בְּכָל אֲשֶׁר קָדַם בְּמוֹבַת הנהגת האלחים. The general rule regarding the matter of trust in the Almighty, is that the level of trust of people who trust in the almighty have is based on the level of their understanding of G-d's greatness, and on the level of their belief in His protection over them and in His constant care for their good.

When a child is first born he relies solely on his mother's breasts as it says (in Tehillim 22:10): "You made me secure on my mother's breast."

When the child grows up a little and his understanding develops he then turns to rely on his mother herself due to the great care she has for him, as it says (in Tehillim 131:2): "I swear that I calmed and quieted my soul like a suckling on its mother; like a suckling was my soul with me."

When his understanding develops even more and he sees how his mother's conduct with him is dependent on his father, he then turns to rely on his father due to the fact that he protects him.

When his body becomes stronger and it becomes feasible for him to engage in the means of livelihood, such as work or commerce and the like, he will then turn to rely on his own strength, and his schemes. He relies on himself instead of G-d, because of his lack of understanding that all the good that he received till now was in truth from the goodness of the conduct of the Almighty toward him.

וְאָמְרוּ עַל אֶחָר מִן הַחֲפִידִים, שֶׁהָיָה לוֹ שָׁכֵן סוֹפֵּר מָהִר וְהָיָה מִתְפַּרְנֵם מִשְּׂכֵּר סִפְּרוּתוֹ. אָמַר לוֹ יוֹם אֶחָר: הֵיאַךְ עִנְיָנְךֶּ, אָמַר לוֹ: בְּמוֹב, בְּעוֹר יָדִי שְׁלֵמָה. וּלְעֶרֶב הַיּוֹם הַהוּא נִגְדְּעָה יָדוֹ, וְלֹא כָתַב בָּה שְׁאָר יָמִיו, וְהָיָה זֶה עָנְשׁוֹ מֵהָאֵל יִתְבָּרֵךְּ על אָשׁר בּמַח על יַדוֹ.

They said regarding one of the pious people, that he had a neighbor who was a swift scribe who would make his livelihood from the payment that he received for his writing. One day the pious person asked his neighbor: "How are things? He answered: "My situation is good as long as my hand is in good shape." That very evening his hand got crushed and he was not able to write for the rest of his life. This was a punishment from the Almighty, blessed be He, for relying on his hand to provide for his livelihood.

וְאָם יִתָּכֵן לוֹ מַרְפּוֹ עַל יְדֵי זוּלְתוֹ מִן הַבְּרִיוֹת, יָשִׁיב בִּמְחוֹנוֹ אֲלֵיהֶם וְתָנוּחַ נפשו עליהם. If he will obtain his livelihood from other people he will then turn to rely on them, and he will rest his mind on them and their capability to help him.

וּרְשֶׁתֶּחֶזַּק הַבָּרָתוֹ וְיִרְאֶה חֶסְרוֹנָם וְצְרְבָּם אֶל הַבּוֹרֵא יִתְבָּרֵךְ, יָשִׁיב בִּטְחוֹנוֹ אֵלָיו, וְיִסְמוֹךְ עָלְיו בְּעֵנְיָנִים שָׁאֵין לוֹ יְכֹלֶת בָּהֶם וְלֹא יוֹכַל לְהִמָּלֵם מֵהִמְּמֵר בְּם אֶל גזרת הבורא. When his understanding develops and he will see those people's deficiencies, i.e., he sees the deficiency in humans alone, and notice how they too are in need of the Creator's kindness, he will then turn to rely on Him, but at first he will only rely on Him for those matters that are beyond his control, and about which he has no other choice other than to hand them over to the Creator and to put his trust in Him regarding them.

בְּמוֹ וְרִידַת הַגְּשָׁמִים עַל הַזְּרִיעָה, וַהֲלִיכַת הַנָּם, וְהֲלִיכַת הַמִּדְבָּרוֹת מֵצִין מֵים, וּבְּבוֹא שֶׁשֶׁף, וּבִנְפוֹל הַדֶּבֶר בַּחַיִּים, וְהַדּוֹשֶׁה לָזֶה מִן הָעָנְיָנִים אֲשֶׁר צִין בְּהֶם לָאָדֶם שׁוּם הַּחְבּוּלְה בְּשׁוּם בְּנִים, בְּמוֹ שֶׁנֶּאֲמֵר (ירמיה ב, כז) "וּבְעַת רָעָתָם יֹאמָרוּ קוּמָה וְהוֹשִׁיעֵנוּ".

Such as, he relies on the Creator for the rain to come at the time of sowing, and when he goes on a trip at sea and when he goes in the desert where there is no water, or when a flood comes, or there is a plague of pestilence and for similar matters regarding which a person has no means whatsoever with which to save himself from them. As it says (in Yirmiyahu 2:27): "And at the time of their misfortune they say, "Arise and save us."

וְאִם תֶּחֶזֵק הַבָּנֶרתוֹ בֵּאלֹהִים עוֹד יִבְמַח בּוֹ גַם בֵּן בְּמֵה שֶׁיּתָבֵן לוֹ בּוֹ קְצָת תַּחְבּוּלֶה, כְּמוֹ הֲבָצִת הַמֶּרֶף בַּפִּבּוֹת הַמְסָבָּנוֹת וְהַמְּלָאכוֹת הַמְיִנְעוֹת אֶת הַגּוּפִים, וְיַנִּיחֵן לְבִמְחוֹנוֹ בֵּאלֹהִים שֶׁימְרִיפֵהוּ בְּמֵה שֶּׁיִהְיֶה כַּל לְהִתְעַפֵּק בּוֹ יוֹתֵר מָהֵוּ.

If his understanding of the Almighty develops more, then he will rely on him even about those matters regarding which it is possible for him to help himself through his own efforts. For example, if it is possible for him to obtain his sustenance through dangerous means or with strenuous work which tires out a person's body, he will not engage in those means, due to his trust in the Almighty that he will sustain him through those means which are easier for him to engage in.

וְאָם הֶחֶזֵק הַכְּנֶרתוֹ בֵּאלֹהִים יוֹתֵר, יָשִׁיב בִּמְחוֹנוֹ אֵלְיוֹ בְּכָל הַפִּבּוֹת, הַקְּשָׁה מֵהֶן וְהַקַּלָּה, וִיבַוּן בְּהִתְעַפְּקוֹ בָּהֶן לַעֲבוֹדַת הַאלֹהִים וַלִּשִׁמוֹר מִצְוֹתֵיו. If his understanding of the Almighty develops even more, then he will turn to rely on him regarding all the means, both the difficult ones as well as the easier ones. When engaging in them he will have the intention that he is doing so as part of his service of the Almighty and so as to observe His commandments.

וְכַאֲשֶׁר תָּחֶזַק הַבְּנֶרתוֹ יוֹתֵר מִזֶּה בְּחֶמְלַת הַבּוֹרֵא עַל בְּרוּאָיוֹ, יִרְצָה בְּמַה שֶׁיִהְיֶה מִנְּזֵרַת הָאֱלֹהִים לוֹ בְּלְבּוֹ וּבִלְשׁוֹנוֹ וּבנראהוּ וּבנסתרוֹ. If his understanding of the Almighty develops even more and he will understand the great compassion that the Creator has over his creations, then he will willfully consent with his heart and mind to all that which Almighty has decreed for him, both in public and in private.

וְיִשְׂמֵח בְּכָל אֲשֶׁר עֲשָׂה לוֹ הָאֱלֹהִים מִפְּוֶת וְחַיִּים וְרִישׁ וְעשֶׁר וּבְרִיאוּת וְחֹלִי, לא יִכְסוֹף לְזוּלַת מֵה שֶׁבָּחַר לוֹ הָאֱלֹהִים, וְלֹא יִרצָה אֶלָּא מֵה שֶׁרְצָה לוֹ, וְנִמְסָר אֶל הָאֱלֹהִים, וּמַשְׁלִיף נַבְּשׁוֹ וְגוּפוֹ אֶל דִּינוֹ.

He will rejoice with everything that the Almighty has done to him, whether it be the death of his relatives, or that they are alive, be it poverty or wealth, health or illness. He will not desire anything other than that which the Almighty has chosen for him, and he will only want what G-d wants for him. He will give himself over to the Almighty and accept upon his soul and his body his judgement.

וְלֹא יַנְבָּיר עַנְיָן עַל עַנְיָן, וְלֹא יִבְחַר זוּלַת מַה שָׁהוּא בּוֹ מֵעַנְיְנֵי עוֹלְמוֹ, כְּמוֹ שָׁאָמֵר אֶחָר מִן הַבּוֹמְחִים: לֹא הִשְׁבַּמְתִּי מֵעוֹלְם בענין והתאויתי לזוּלתוֹ. He will not think that a certain means of obtaining his needs is more effective than another. As a result of this he will not choose to busy himself with anything other than that which he is already engaging in. As one person who had *Bitachon* said: I never decided to do one thing, and in my heart desired to engage in something else.

וְכַאֲשֶׁר הֶחֶזָק הַבְּרָתוֹ בֵּאלֹתִים יוֹתֵר מָזֶה, וְיִבִּע הָעָנָין הַמְּכָנְן אֵלִיו בִּבְרִיאָתוֹ וִיצִיאָתוֹ אֶל הָעוֹלֶם הַזֶּה הַכְּלֶה, וְיַכִּיר מַעֲלַת הָעוֹלֶם הָאַהֵּר הַכְּנֶם, יִמְאֵם בְּעוֹלֶם הַזֶּה וּבְסִבּוֹתָיו, וְיִמְּסֵר בְּמַחֲשַׁבְתּוֹ וּבְנַפְשׁוֹ וְגוּפּוֹ אֶל הָאֶלֹהִים יִתְבָּרֵדְ, וְיִשְׁתַּעֲשַׁע בְּזְבְרוֹ בִּבְדִינִתוֹ, וְיִשְׁתוֹמֵם מִבְּלְתִּי הַמְּחֲשָׁבָה בִּגִּדלַתוֹ.

When his understanding of the Almighty develops even more, and he will realize the purpose of his creation, and of his coming out into this fleeting world, and he will recognize the greatness of the world to come which is eternal, then he will despise this world and all the worldly means through which one obtains its pleasures. He will give himself over to the Almighty blessed be with his thought, his soul and body. When he is alone and undisturbed by other people he will take pleasure when remembering his Creator. He will feel desolate when he will not think about His greatness.

וְאָם יִהְיֶה בְּמַקְהֵלוֹת, לֹא יִתְאַיֶּה כִּי אָם לְרְצוֹנוֹ, וְלֹא יִכְסוֹף כִּי אִם לִפְגִיעָתוֹ, וְתַשְׁרִידֵהוּ שִּׁמְחָתוֹ בְּאַהֲבָתוֹ מִשְּׁמְחַת אַנְשֵׁי הָעוֹלְם בָּעוֹלְם, וְשִׁמְחַת אַנְשֵׁי הַעוֹלִם הַבָּא בַּעוֹלָם הַבָּא.

If he will be among people, his only desire will be to please his Creator by fulfilling his will, and he will long for nothing other than to encounter G-d. He will be so occupied with the joy of the love of G-d that it will stop him from rejoicing with the other people who rejoice with the matters of this world. Nor will he be able to rejoice with the joy that the people of the world to come rejoice in the world to come.

וְזֹאת הָעֶלְיוֹנָה שֶׁבְּמֵדְרֵגוֹת הַבּוֹּמְחִים מֵהַנְּכִיאִים וַחֲסִידִים וּסְגַלַּת הָאֶלֹהִים הַזַּכִּים, וְהוּא מֵה שֶׁאָמֵר הַכְּתוּב (ישעיה כו, ח) "אַף אַרַח מִשְׁפָּמֶיף ה' קוִינוּדְּ, לְשִׁמְדְּ וּלְזִכְרְדְּ תַּאֲוַת נְפָשׁ", וְאָמֵר (תהלים מב, ג) "צְמְאָה נַפְשִׁי לֵאלֹהִים, לאל חי". This is the highest level of all the different levels that exist among those who trust in G-d which is the level of the prophets, pious ones and special individuals with pure hearts who were on this level. This is what Scripture refers to when it says (in Yeshayahu 26:8): "Even in the path of Your judgment, O G-d do we yearn for You, the soul's desire is for Your name and remembrance," and as it says (in Tehilim 42:3): "My soul thirst for G-d, the living G-d."

אֵלֶה עֶשֶׂר מַדְרֵגוֹת הַבְּּשָּׁחוֹן, אֲשֶׁר לֹא יִפְלֵט בּוֹמֵח מֵאָחַת מֵהַנָּה.

These are the ten levels of *bitachon* which every person who trusts will find himself in one of these levels.

וּמֶצְאנוּ עַנְיֵן הַבִּפְּחוֹן בִּלְשׁוֹן הַקּדֵשׁ מְלִיצִים בַּעְדוֹ בְּעָשֶׁר מִלוֹת בְּנֶגֶד עָשֶׁר מַדְרֵגוֹת הָאֵלֶה, וְהַן: מִבְמָח, וּמִשְׁעָן, וְתַקְנָה, וּמַחֲסֶה, וְתוֹחֶלֶת, וְחִכּוּי, וּסִמִיכָה, וִשֵּׁבָר, וּמִסְעָד, וְכַסֵל.

הָאֶלֹהִים יְשִּׁימֵנוּ מִן הַבּוֹמְחִים עֶלָיו, הַנִּמְסָרִים לְדִינוֹ בַּנִּרְאֶה וּבַנִּסְתָּר, בָּרַחֲמֵיו, אַמֵן. We find that for the matter of bitachon ten different words in the Holy language of Scripture are used for it which corresponds to these ten levels. They are: Mivtach (trust), Mishan (support), tochelet (waiting), Chikui (expecting) Semicha (reliance) sever (resting), misad (confidence) and chesel (assurance).

May G-d, in his mercy place us to be among those who trust in him and give themselves over to his judgement both in public and in private. Amen.

The gate of trust has been completed to the G-d who is the last and the first.