



# חובות הלבבות Duties of the hearts

-INTRODUCTION-





## ײַשַּׁעַר הָרְבִיעָי Section Four **שַׁעַר הַבִּטְחוֹן** The Gate of Trust

## יתִבָּרָך לְבָהוֹ הַאָלֹהִים יִתְבָּרָך לְבָהוֹ On Placing One's Trust in God Alone

#### **OVERVIEW OF INTRODUCTION**

### אָמַר הַמְחַבֵּר Introduction

מְפְּנֵי שֶׁקְדֵם מַאֲמֲרֵנוּ בְּחִיוּב קַבְּלֵת עֲבוֹדַת הָאֱלֹהִים, רָאִיתִי לְהָבִיא אַחַרָיו מַה שֶׁהוּא צָרִיך יוֹתֵר מִכָּל הַדְבָרִים לַעוֹבֵד הָאֱלֹהִים יִתְבָּרֵדּ, וְהוּא הַבִּשְּׁחוֹן עָלָיו בְּכָל דְּבָרָיו, בַּעֲבוּר מַה שֶׁיֵּש בּוֹ מִן תַהּוֹעֲלִיוֹת הַגְּרוֹלוֹת בְּעַנְיֵן הַתּוֹרָה וּבְעַנְיֵן הָעוֹלָם. Having previously discussed in the previous gate -Shaar Avodat HoElokim - the obligation to accept upon oneself the service of G-d, I have seen it to be appropriate to now explain that which is most necessary for one who wishes to be a servant of G-d, and that is to rely on him, in all his matters; for by doing so, there will be great benefits both in Torah matters, and in worldly matters.

וְתוֹעֲלוֹתֵיו בּוֹ בִּתוֹרֵתוֹ,

And its benefits insofar as Torah matters:

## **BENEFIT OF TRUST: TRANQUILITY**

מֵהֶן: מְנוּחַת נַפְשׁוֹ וּבִמְחוֹנוֹ עַל אֱלֹהָיו יִתְבָּרֵדְ, כְּמוֹ שֶׁהֶעֶבֶר חַיָּב לִבְמוֹחַ עַל אַדוֹנֵיו,

Among the spiritual benefits is tranquility of one's soul, free from worry as a result of his reliance on G-d, just as a servant is bound to place his trust in his master.

מִפְּנֵי שֶׁאָם אֵינֶנּוּ בּוֹמֵחַ בֵּאלֹהִים בּוֹמֵחַ בְּזוּלְתו ,וֹמִי שֶׁבּוֹמֵחַ בְּזוּלַת ה׳, מֵסִיר הָאֱלֹהִים הַשְׁנֶּחָתוֹ מֵעֶלְיו וּמַנִּיחַ אוֹתוֹ בְּיֵר מִי שֶׁבְּּמַח עֶלְיו, For one who does not place his trust in G-d, places his trust in an entity other than G-d. If someone places his trust in something other than G-d, then G-d removes His divine providence from him and leaves him in the hands of the entity that he placed his trust in. And he, the one who places his trust in something other than G-d, will be like one regarding which it is said in the verse (Yirmiyahu 2:13): "For My people have committed two evils; they have forsaken Me, the spring of living waters, to dig for themselves cisterns, broken cisterns that do not hold water." And as it says (in Tehillim 106:20): "They exchanged their glory for the likeness of an ox eating grass." And as Scripture says (in Yirmiyahu 17:7): "Blessed is the man who trusts in the L-rd; the L-rd shall be his trust." And as it says (in Tehillim 40:5): "Praiseworthy is the man who made the L-rd his trust, and did not turn to the haughty and those who turn to falsehood." And as it says (in Yirmiyahu 17:5): "Cursed is the man who trusts in man and makes flesh his arm, and whose heart turns away from the L-rd."

If he relies on his wisdom and his schemes, his physical strength and his own efforts, then his efforts will be for naught, and he will become weak and lose that physical strength, and his schemes and wisdom will fall short of accomplishing his goals, as Scripture says (in Iyov 5:13): "He, referring to G-d, traps clever people in their shrewdness."

And as it says (in Kohelet 9:11): "I returned and saw under the sun, that the race does not belong to the swift, nor the war to the mighty; neither do the wise have bread..." And it says (in Tehillim 34:11): "Young lions suffer want and are hungry, but those who seek the L-rd lack no good."

And if he relies on his abundance of wealth, it will be removed from him and left to someone else.

וְיִהְיֶה כְּמִי שֶׁגָּאֲמַר בּוֹ (יִרְמִיָה ב, יג) ״כִּי שְׁתַּיִם רָעוֹת עֲשָׁה עַמִּי אוֹתִי עַזְבוּ מְקוֹר מֵיִם חַיִּים, לַחְצוֹב לָהֶם בּארוֹת בּארוֹת גִשְׁבָרִים״, וְאָמַר (תהלים קו, כ) ״וַיָּמִירוּ אֶת כְּבוֹדָם בְּתַבְנִית שוֹר אוֹכֵל עֵשֶׁב״, אֶת כְּבוֹדָם בְּתַבְנִית שוֹר אוֹכֵל עֵשֶׁב״, אָשָׁר יִבְמַח בָּה׳ וְהָיָה ה׳ מִבְמַחוֹ״, וְאָמַר (תהלים מ, ה) ״אַשְׁרֵי הַגָּבֶר אֲשָׁר שָׁם ה׳ מִבְמַחוֹ וְלֹא פָנָה אֶל רְהָבִים וְשָׁמֵי כָזָב״, וְאָמַר (ירמיה יז, ה) ״אָרוּר הַגָּבֶר אָשָׁר יִכְּמַח בָּאָדָם וְשָׁם בָשָׁר זְרוֹעוֹ וּמִז מִי יָסוּר לְבוֹ״.

וְאָם יִרְמֵח עַל חָכְמָתוֹ וְתַחְבּוּלוֹתָיו וְכֹחַ גּוּפּוֹ וְהִשְׁתַּדְּלוּתוֹ, יֵעַזְבֵהוּ ה׳ לְנַפְשׁוֹ: יִיגַע לְרִיק וְיָחֶלַשׁ כֹּחוֹ וְתִקְצַר תַּחְבּוּלְתוֹ מֵהַשִּׁיג חֶפְצוֹ, כְּמוֹ שֶׁאָמַר הַכָּתוּב (איוב ה, יג) ״לוֹכֵר חֵכָמִים בִּעַרִמָם״.

וְאָמַר (קהלת מ, יא) ״שַׁבְּתִי וְרָאֹה תַחַת הַשָּׁמֶשׁ, כִּי לֹא לַקַלִים הַמֵּרוֹץ, וְלֹא לַגְּבּוֹרִים הַמָּלְחָמָה, וְלֹא לַחֲכָמִים לֶחֶם״. וְאַמַר (תהלים לד, יא) ״כְּפִירִים רָשׁוּ וַרַעֵבוּ וְדוֹרְשֵׁי ה׳ לֹא יַחָסְרוּ כָל מוֹב״.

וְאָם יִרְמַח בְּרֹב עֲשְׁרוֹ: יוּסֵר מִפֶּנּוּ וְיִשְׁאֵר לִזוּלְתוֹ, פְּמוֹ שֶׁאָמַר הַפְּתוּב (איוב כז, ימ) ״עָשָׁיר יִשְׁפַּב וְלֹא יֵאָסֵף, עֵינָיו פָּקַח וְאֵינֶנּוּ״, וְאָמַר (משלי כג, ד) ״אַל תִיגַע לְהַעֲשִׁיר, מָבִּינְתְדְ חֲדָל״, וְאָמַר (שם ה) ״הַתָעִיף עֵינֶיךּ בּוֹ וְאֵינֶנּוּ״, וְאָמַר (ירמיה יז, יא) ״בַּחֲצִי יָמָיו יַעַזְכָנּוּ וּבְאַחֲרִיתוֹ יִהְיֶה נָבָל״.

אוֹ תִּמְנַע מִמֶּנּוּ הֲנָאָתוֹ בּוֹ, כַּאֲשֶׁר אָמַר הֶחְכָם (קהלת ו, ב) "וְלֹא יַשְׁלִימֶנּוּ הְאֱלֹהִים לֶאֱכוֹל מִמֶּנּוּ."

וְיִהָיֶה אֶצְלוֹ פִּקֶּדוֹן שֵׁשׁוֹמֵר אוֹתוֹ מָן הַפְּגָעִים עַד שֶׁיָשׁוּב לְמִי שֶׁהוּא רָאוּי לוֹ, פְּמוֹ שֶׁפְּתוּב (שם ב, כו) "וְלַחוֹמֵא נָתַן עַנְיָן לֶאֶסוֹף וְלִכְגוֹס לְתֵת לְמוֹב לִפְגֵי הָאֶלהִים", וְאָמֵר (איוב כז, יז) "יָכִין וְצַדִּיק יַלְבָּשׁ וְכֶסֶף נָקִי יַחֵלוֹק".

וְאֶכְשָׁר שִׁיָּהְיֶה הַמְּמוֹן סִבַּת רָעָתוֹ וְאָבְדַן נַכְּשׁוּ, כְּמוֹ שֶׁכָּתוּב (קהלת ה, יב) ״וֵשׁ רָעָה חוֹלָה רָאִיתִי תַּחַת הַשְּׁמֶשׁ, עֹשֶׁר שְׁמוּר לְבְעֶלְיו לְרָעָתוֹ״. As Scripture says (Iyov 27:19): "A rich man lies down with his wealth intact, he opens his eyes and it is no longer his." Similarly, the verse says (Mishlei 23:4): "Do not toil to become wealthy, from your own understanding, desist." And the next verse (Mishlei 23:5) says "Before you can set your eyes on it is gone." Likewise, it says in Yirmiyahu (17:11): "At a young age, it, i.e., one's wealth will leave him."

Alternatively, even if the riches themselves are not removed from him, his ability to enjoy the wealth will be held back from him by G-d. As the wise man, Shlomo Hamelech said (in Kohelet 6:2): "The Almighty gives him no power to eat of it."

It will be by him as a deposit, so that he will guard it from harm, until the time that it will be returned to the one who is deserving of it, and who it was meant for. As it says (in Kohelet 2:26): "And to the sinner he gives the urge to gather and amass wealth, to give to one who is good in front of the Almighty." As it says (in Iyov 27:17): "He, the wicked man, will prepare, and the righteous man will use it, and the innocent will divide the money among themselves."

It is possible that his money will be the cause of his misfortune as well as the cause of the destruction of his soul. As Scripture says (in Kohelet 5:12): "There is a sickening evil that I have seen under the sun - riches hoarded by their owner, to his own misfortune."

## **BENEFIT OF TRUST: INDEPENDENCE FROM OTHER PEOPLE**

| מֵהֶם, שֶׁהַבּוֹמֵחַ בַּאלֹהִים יְבִיאָנּוּ:<br>הַבְשָׁחָתוֹ עָלָיו שֶׁלֹּא יַעֲבוֹר זוּלָתו, | Among the spiritual benefits of <i>bitachon</i> , is that<br>trust in G-d will bring a man not to serve any oth-<br>er entity. |
|---|--|
| וְשֶׁלּא יְקַוֶּה לְאִישׁ, וְלֹא יִיַחֵל לִבְנֵי אָדָם  | He won't need to place hope in man or expect anything from other people.   |

ולא יַעַבָּדֶם לְהָתִרצּוֹת אֲלֵיהֶם, He won't need to serve them so that he can find favor in their eyes. ולא יחַנִיף לָהֵם, He won't need to be subservient to them in order to win their favor or flatter them. ולא יַסִכּים עַמָּהֶם בִּבִלְתִי עַבוֹדַת He won't need to consent to being involved with האלהים. them in spending time with them on matters that are not related to the service of G-d. ולא יַפָּחִידֵהוּ עַנְיַנָם, וְלֹא יִירֵא He will not be afraid of their wicked behavior, i.e., מַמַּחַלְקוֹתַם, the repercussions of not flattering them and he will not be fearful of their arguments with him. אַבַל יִתִפַּשֵׁט מִבָּגְדֵי טוֹבוֹתָם וְטֹרַח Rather, he will divest himself from their favors הוֹדַאָתָם וְחוֹבַת תַּגְמוּלָם, and from the bother of being gracious to them, as well as from the obligation to pay them back for any good they do to him. ואם יוֹכִיחַ אוֹתַם, לא יַזָּהֶר בָּכְבוֹדַם, If he needs to rebuke them he will not need to be ואם יַכִלִימָם, לא יָבוֹשׁ מָהָם, וְלֹא יְיָפָּה careful with their honor, and if he needs to shame להם השקר. them while rebuking them, he will not be embarrassed by them, and he will not praise their false ways. כִּמוֹ שֵׁאַמַר הַנַּבִיא (ישעיה נ, ז) ״וֵה׳ As the prophet said (in Yeshayahu 50:7): "But the אַלהים יַעַזר לִי, עַל כָּן לֹא נְכָלַמָתִי, L-rd, G-d helps me, therefore, I was not embar-על כן שַׂמִתּי פַנֵי כַּחַלֵּמישׁ וַאָרַע כִּי rassed; therefore, I made my face like flint, and I לא אָבוש", ואַמַר (יחזקאל ב, ו) "אַל knew that I would not be ashamed." And as it says תירא מהם ומדבריהם אל תירא", ואמר (in Yechezkel 2:6): "fear them not, and fear not (שם) ״מָדְבָרִיהֵם אַל תִירָא וּמִפְּגִיהֵם אַל their words," and at the end of the same verse, it הַחַת", וָאַמַר (ירמיה א, ח) "אַל הַירָא says: "fear not their words, neither be dismayed מפּנִיהַם", ואמר (שם יז) "אָל תחת by them." And as it says (in Yirmiyahu 1:8): "Fear מפּנִיהַם", ואַמַר (יחזקאל ג, מ) "כָּשֵׁמִיר them not" and later on in the same Chapter, it says חַזַק מצר נַתַתִּי מִצְחָדָ, לא תִירָא אוֹתָם (Yirmiyahu 1:17): "be not dismayed by them." And ולא תחת מפניהם". it says (in Yechezkel 3:9): "As shamir, stronger than flint, I have set your forehead; fear them not, neither shall you be intimidated by them."

## BENEFIT OF TRUST: PEACE OF MIND AND TRANQUILITY

ומֶהֶם,

שֶׁהַבּוֹמֵחַ בָּאלֹהִים יְבִיאֵהוּ בִּמְחוֹנוֹ לְפַנּוֹת אֶת לְבּוֹ מֵעַנְיְנֵי הָעוֹלֶם, וּלְיַחֵד לְבָבוֹ לְעַנְיְנֵי הָעֲבוֹדָה,

וְיִהָּיֶה דוֹמֶה בִּמְנוּחֵת נַפְשׁוֹ וְרֹחֵב לִבּוֹ וּמִעוּם דַּאֲגָתוֹ לְעַנְיְנֵי עוֹלְמוֹ לְבַעַל הָאַלְבִימִיֶּה, וְהוּא הֵיוֹדֵע לַהֲפוֹך הַבֶּסֶך לְזָהָב וְהַנְּחֹשֶׁת וְהַבְּדִיל לְכֶסֶף עַל וְדֵי חֶכְמָה וּמַעֲשֶׂה.

וְאָם הוּא חָזֶק בְּבִמְחוֹנוֹ בֵּאלהִים יֵשׁ לוֹ עָלָיו וִתְרוֹן בַּעֲשָׁרָה דְבָרִים:

ּתְּחַלְּתָם שֶׁבַּעַל הָאַלְבִימִיֶּה צְרִידְ לִדְבָרִים מְיָחָדִים לַמְּלָאכָה לא יַגְמֵר לוֹ דְּבָר זוּלְתָם, וְלֹא יִמְצָאֵם בְּכָל עֵת וּבְכָל מַקוֹם,

וְהַבּוֹמֵחַ בַּאלהִים מַרְפּוֹ אָבְטָח לוֹ מִכָּל סָבָּה מִסְּבּוֹת הָעוֹלָם, כָּמוֹ שֶׁאָמַר הַכָּתוּב (דברים ח, ג) ״לְמַעַן הוֹדִיעֲדְ כִּי לא עַל הַלֶּחֶם לְבַהּוֹ וִחְיֶה הָאָדָם כִּי עַל כָּל מוֹצָא כִי ה' וִחְיֶה הָאָדָם״.

Among the spiritual benefits of having *bitachon* is that:

One who trusts the Almighty, his trust will bring him to turn his heart away from being occupied with worldly matters, and instead to dedicate himself to matters of service of G-d.

In terms of his tranquility of his soul, peace of mind, and lack of worry regarding worldly matters, he can be compared to the alchemist. An alchemist is one who knows how to transform silver to fake gold, and transform copper and iron to fake silver, through his talents and efforts who also has little worry regarding his livelihood.

Moreover, one who has *bitachon* is actually superior than him in ten ways:

1) Firstly, the alchemist needs specific materials in order to perform his work, and cannot complete his work without them. These tools are not accessible at all times and in all places.

However, one who trusts in the almighty has his sustenance guaranteed from G-d, who can provide him with sustenance from any one of the means available to him in the world. As Scripture says (in Devarim 8:3) regarding the Manna which the Jews ate in the desert: "so that He would make you know that man does not live by bread alone, but rather by, whatever comes forth from the mouth of the L-rd does man live." For no means of providing sustenance is lacking from G-d at any time or at any place as you know from the story of Eliyohu with the ravens, and with the widow and from how G-d sustained him with the coal-baked cake and a flask of water. This concept can also be seen in the story of Ovadyahu with the prophets, whereby Ovadyahu said (in Melochim 1, 18:13): "I hid one hundred men of the prophets of the L-rd, fifty men in each cave, and provided them with bread and water."

And as it says (in Tehillim 34:11): "Young lions suffer want and are hungry, but those who seek the L-rd lack no good." And as it says in the preceding verse, (Tehillim 34:10): "Fear the L-rd, His holy ones; for there is no lack for those who fear Him."

2) The second manner in which one who has *bita-chon* is superior to the alchemist is that the alchemist needs to perform certain actions and procedures in order to produce the fake silver and gold and cannot reach his goal without them. Additionally, it is possible that the fumes of the materials and the smoke which he inhales will cause him to die, as a result of him working consistently and spending long amounts of time toiling with them both by day and night.

Conversely, one who relies on the Almighty, is secure from any mishaps in the present and also feels secure that no bad will happen to him in the future. This is because he believes that anything that happens to him is from the Almighty, and therefore it will be a cause of joy and happiness for him. His sustenance will come to him in a restful, calm and peaceful manner. As it says (in Tehilim 23:2): "He causes me to lie down in green pastures; He leads me beside still waters."

ּפִּי הַסְּבּוֹת אֵינֶז נִבְצָרוֹת מִמֶּנוּ בְּכָל עֵת וּבְכָל מְקוֹם, כַּאֲשֶׁר זְדַעְתָּ מִדְּבַר אֵלְיָהוּ עֵם הָעוֹרְבִים וְעֵם הָאִשָּׁה הָאַלְמָנָה וְעוּגַת רְצָפִים וְצַפּחַת הַמֵּים, וּדְבַר עוֹבַדְיָהוּ עֵם הַנְּבִיאִים שֶׁאָמַר (מלכים א' יח, יג) "וָאַחְבָּא מְנְבִיאֵי ה' מֵאָה אִישׁ הַמִשִּׁים הֲמִשִׁים אִישׁ בַּמְעָרָה וָאֲכַלְכְלֵם לֵחֵם וַמַּיִם",

וְאָמַר (תהלים לד, יא) ״ְּפְפִירִים רָשׁוּ וְרָעֵבוּ וְדוֹרְשֵׁי ה׳ לֹא יַחְסְרוּ כָל מוֹב״, וְאָמַר (שם י) ״יְראוּ אֶת ה׳ קְדוֹשָׁיו כִּי אֵין מַחְסוֹר לִירֵאָיו״.

וְהַשֵּׁנִי: כִּי בַּעַל הַכִּימִיָּה צָרִיךּ לְמַעֲשִׁים וְלִמְלָאכוֹת לֹא יִשְׁלַם לוֹ הָפְצוֹ זוּלָתָם, וְאָפְשָׁר שֶׁיְמִיתוּהוּ רֵיחָם וַעֲשְׁנָם עָם הַתְמָדַת הָעֲבוֹדָה וְאֹרֶך הַיְגִיעָה בְּהֶם לֵיְלֶה וְיוֹמָם.

וְהַבּּוֹשֵׁחַ בָּאֵל בְּבִטְחָה מֵהַפְּגָעָים וְלִבּוֹ בְּשּוּחַ מִמְצוֹא הָרָעוֹת, וְכָל אֲשֶׁר יְבוֹאֶנּוּ מֵאֵת הָאֱלֹהִים יִהְיֶה לוֹ לְשָׁשוֹן וּלְשִׁמְחָה, וְמַרְפּוֹ בָּא אֵלָיו בִּמְנוּחָה וְהַשְׁמֵן וְשֵׁלְוָה, כְּמוֹ שֶׁבָּתוּב (תהלים כג, ב) ״בִּגְאוֹת דֶּשֶׁא וַרְבִיצֵנִי עַל מֵי מְגָחוֹת יְנְהֲלֵנִי״. 3) The third manner in which one who has *bita-chon* is superior to the alchemist, is that the alchemist doesn't trust anyone else with his secret out of concern for himself. He is afraid that if he tells people about his means of livelihood, he will get punished by the king for engaging in counterfeiting.

Conversely, one who trusts in G-d is not afraid of telling anyone about his trust in G-d. On the contrary, he boasts about it, as King David, of blessed memory said (in Tehillim 56:12): In G-d I trusted, I will not fear. What can man do to me?

4) The fourth manner in which one who has *bita-chon* is superior to the alchemist is, that the alchemist must either prepare an abundance of gold and silver for a time when he will need it or he might prepare just enough of it for the meantime.

If he prepares a lot, he will constantly be afraid that perhaps he will somehow lose the fake silver or gold that he has already produced. He will not be able to be calm or relaxed due to fear of the king who might take it away from him and due to fear of the people who may steal it from him.

If, on the other hand, he only prepares enough gold and silver to last him for a short amount of time, then it is possible that a situation will arise whereby he will not be able to produce more fake silver and fake gold, due to not having the necessary materials with which to do his work, at a time when he will be in a great need for it.

However, one who trusts the Almighty, strongly trusts that the Almighty will sustain him as He, G-d, wishes, and at the time in which He desires to do so, and in the place that He, G-d wishes.

וְהַשְּׁלִישִׁי: כִּי בַּעַל הַכִּימָיָה אֵינוֹ מַאֲמִין עַל סוֹרוֹ זוּלְתוֹ, מִיְרָאֶתוֹ עַל נַפְשוֹ.

וְהַבּוֹמֵחַ בָּאלֹהִים אֵיגָנּוּ יְרָא מִשׁוּם אָדָם בְּכִמְחוֹנוֹ, אֲכָל הוּא מִתְפָּאֵר בּוֹ, כְּמוֹ שֶׁאָמַר דְּוִד הַמֶּלֶך עָלָיו הַשְׁלוֹם (תהלים נו, יב) "בַּאלֹהִים בְּמַחְתִּי לֹא אִירָא מֵה יַאֲשֶׂה אָדָם לִי".

וְהָרְבִיעִי: כִּי בַּעַל הַכִּימִיָּה אֵיגוֹ גִמְלָמ מֵהוְמִין מֵהוָהָב וְהַכָּסֶף הַרְבֵּה לְעֵת צְרְכּוֹ, אוֹ שֶׁלֹא וַזְמִין מֵהֶם כְּלוּם אֶלָּא כְּכִּי שֶׁיַסְפִּיק לִזְמַן מועָמ.

וְאִם יַזְמִין מִמֶּנּוּ הַרְבֵּה, יִהְזֶה כָּל יָמָיו מְפַּחֵר עַל נַפְשׁוֹ שֶׁלֹּא יֹאבַד מִמֶּנּוּ בְּמִינֵי סִבּוֹת הָאֲבַדָה, וְלֹא יִשְׁקֹם לְבּוֹ וְלֹא תָנוּחַ נַפְשׁוֹ מִפַּחְדּוֹ עָלָיו מֵהַמֶּלֶד וְהָעָם.

וְאִם לא יַוְמִין מֵהֶם אֶלָּא לְמַלֹאת מַחְםוֹרוֹ זְמַן מוּעָמ, אֶפְשָׁר שֶׁיָּבְּצַר מִמֶנוּ הַמֵּעֲשֶׂה בְּעֵת הַצֹּרֶךּ הַגְּרוֹל אֵלָיו מִפְנֵי הִמְנַע סִבָּה מִפְּבּוֹתָיו מִמֵּנוּ.

וְהַבּּוֹמֵחַ בַּאלֹהִים בִּמְחוֹגוֹ חָזָק בַּאלֹהִים שֶׁיִּמְרִיף אוֹתוֹ בִּרְצוֹגוֹ בְּעֵת שֶׁיִרְצֶה וּבְמָקוֹם שֶׁיִרְצֶה, כַּאֲשֶׁר יַשְׁרִיף הָעָבָר בְּרֶחֶם אַמּוֹ וְהָאֶפְרוֹחַ בְּתוֹף הַבֵּיצָה אֲשֶׁר אֵין בָּה מָקוֹם מְפַלָּש לְהַכְּגַם אֵלָיו מִמֶּנּוּ דָכָר מִחוּצָה, וְהָעוֹף בָּאֲוִיר וְהַדֶּגִים בַּמַּיִם, וְהַנְּטָלָה הַקְּמַנָּה עָם חַלִישׁוּתָהּ,

וְיִבְּצֵר הַשֶּׁרֶף מֵהָאֲרִי עֵם הָקָפּוֹ בִקְצָת הַיָּמִים, כְּמוֹ שֶׁכָּתוּב (תהלים לד, יא) ״כְּפִירִים רָשׁוּ וְרָעֵבוּ וְדוֹרְשֵׁי ה׳ לֹא יַחְסְרוּ כָל מוֹב״, וְאָמַר (משלי י, ג) ״לֹא יַרְעֵיב ה׳ גָפָשׁ צַדִּיק״, וְאָמַר (תהלים לו, כה) ״נַעַר הָיִתִי גַּם זָקַנְתִי וְלֹא רָאִיתִי צַדִּיק גָעֵזָב וְזַרְעוֹ מְבַקָּשׁ לָחֶם״.

וְהַחֲמִישִׁי: שֶׁבַּעַל הַכִּימִיֶּה תֵּחַת יְרְאָה וְפַחֵר עַל מְלַאכְתּוֹ מִן הַגָּרוֹל וְעַר הַקֶּמָן שֶׁבָּעָם.

וְהַבּּוֹשֵׁחַ בָּאלֹהִים יִיָרָאוּהוּ הַגְּדוֹלִים וְנִכְבַּדֵי בְּנֵי אָדָם, אַף הַחֵיוֹת וְהָאֲבָנִים מְבַקְשִׁים רְצוֹנוֹ, בְּמוֹ שֶׁנֶּאֲמַר בְּמִזְמוֹר (תהלים צא) "ישֵׁב בְּםֵתֶר עֶלְיוֹן" עַד אַחֲרִיתוֹ, וְאוֹמֵר (איוב ה, ימ־כ) "בְּשֵׁשׁ צְרוֹת יַצִּילֶךְ וּבְשֶׁבַע לֹא יְנֵּע בְּךָ רָע, בְּרָעֶב פָּוְדְ מִמֶוֶת" עַד סוֹף הָעִנְיָן. He will do so just as He, G-d, sustains a fetus in its mother's womb, and a chick inside the egg, neither of which have an opening through which food can enter to sustain the fetus or chick. Nevertheless, G-d provides them with sustenance. Likewise, G-d provides sustenance for the bird which is in the air and the fish in the water neither of which have food readily accessible to them, and provides for the ant and the worm despite their frailty.

Contrast this with the fact that sometimes even the lion despite its strength lacks sustenance as it is written (in Tehillim 34:11): "Young lions suffer want and are hungry, but those who seek the L-rd lack no good," and as it says (in Mishlei 10:3): "The L-rd will not starve the soul of the righteous" and as it says (in Tehillim 37:25): "I was young, I also aged, and I have not seen a righteous man forsaken and his seed seeking bread."

5) The fifth manner in which one who has *bitachon* is superior to the alchemist, is that the alchemist is in a constant state of fear and dread as a result of his occupation. He is afraid of all people, from the most important man in the nation, the king, down until the least important one.

However, the one who trusts in the Almighty, even the great and respectable people will fear him. Even the animals and stones will seek to do his will and will not cause him any harm, as it says in the Psalm of "He who dwells in the covert of the Most High" (Tehillim 91), from the beginning of the Psalm, all the way until the end of the Psalm, in which it elaborates how someone who trusts G-d will be saved from all kinds of harm. And as it says (in Iyov 5:19-20): "In six troubles He will save you, and in the seventh no harm will touch you. In famine, He redeemed you from death...," and as it continues until the end of the chapter. וְהַשָּׁשִׁי: שֶׁבַּעַל הַפִּימָיָה אֵינוֹ בְמוּחַ מֵהֶחֲלָיִים וְהַמַּדְוִים שֶׁמְעַרְבְּכִין עָלָיו שְׁמֶחֶתוֹ בְּעָשְׁרוֹ וְאֵינָם מַנִּיחִין אוֹתוֹ לֵהֶנוֹת מִמֵּה שֶׁיֵּשׁ לוֹ וְלֹא לְהָתְעַנֵּג בְּמֵה שֶׁהִשִּׁינֶה יֶדוֹ.

וְהַבּוֹאֵהַ בַּה' בָּמּוּחַ מָן הַמַּדְוִים וְהָחֲלָיִים, אֶלָּא עַל דֶרֶךְ הַבַּפְּרָה אוֹ עַל דֶרֶךְ הַהְמוּרָה, כְּמוֹ שֶׁבָּתוּב (ישעיה מ, ל) "וְיַעֲפּוּ נְעָרִים וְיִגָעוּ וּבַחוּרִים כָּשׁוֹל יַכְּשֵׁלוּ", וְאָמַר (שם לא) "וְקוֵי ה' יַחֲלִיפוּ כֹחַ", וְאָמַר (תהלים לז, יז) "כִּי זְרוֹעוֹת רְשָׁעֵים תִּשֶׁבַרְנָה וְסוֹמֵך צַדִּיקִים ה'".

וְהַשְּׁבִיעֵי: שָׁבַּעַל הַכִּימִיָּה אֶפְשָׁר שָׁלֹא יַגִּיעַ אָל מְזוֹנוֹ בְּמֵה שָׁיֵשׁ אֶצְלוֹ מִן הַזְּהָב וְהַכֶּסֶף מִפְּנֵי שֵׁלֹא יִהְיֶה הָאֹכָל נִמְצָא בְּעֵירוֹ בִּקְצָת הָעַתִּים, כְּמָה שֶׁצָּאֶמֵר (יחזקאל ז, ים) "בַּסְפָם בַּחוּצוֹת יַשְׁלִיכוּ", וְאָמֵר (צפניה א, יח) "גַּם בַּסָפָם גַם זָהָבָם לֹא יוּכַל לְהַצִילָם".

וְהַבּוֹמֵחַ בַּה' לֹא יִבְּצֵר מִמֶּנוּ מְזוֹנוֹ בְּכָל עֵת וּבְכָל מָקוֹם עַד סוֹף יָמָיו, כְּמוֹ שֶׁנֶּאֲמֵר (איוב ה, כ) ״בְּרָעָב פָּרְד מִמֶּוֶת״, וְאָמַר (תהלים כג, א) ״ה׳ רֹעִי לֹא אֶחְסָר״, וְאָמַר (תהלים לז, ימ) ״לֹא יֵבֹשוּ בְּעַת רָעָה וּכִימֵי רְעָבוֹן יִשְׁבָּעוּ״. 6) The sixth manner in which one who has *bita-chon* is superior to the alchemist, is that the alchemist is not protected from sickness and disease, which disturb his contentment with his wealth and which do not let him derive benefit from the possessions which he has. Likewise, they stop him from enjoying the wealth that he has amassed as a result of his hard work.

Conversely, one who trusts the Almighty, is protected from disease and sickness, except for disease and sickness which he is subject to, as a means of atonement for his sins, or so as to increase his reward in the Next World. As it is written (in Yeshayahu 40:30): "Now youths shall become tired and weary, and young men shall stumble." In the following verse (Yeshayahu 40:31), it says: "But those who put their hope in the L-rd shall renew their vigor," and as it says in the verse (in Tehillim 37:17): "For the arms of the wicked shall be broken, but the L-rd supports the righteous."

7) The seventh manner in which one who has *bita-chon* is superior to the alchemist, is that it is possible that the alchemist will not be able to use the gold and silver that he has, to obtain his food, due to the fact that food may not be accessible in his city at certain times. As it says (in Yechezkel 7:19): "They will cast their silver into the streets." Similarly, it says (in Tzefaniah 1:18): "Neither their silver nor their gold will be able to save them."

Conversely, one who trusts in G-d will not be lacking food at any time or at any place, until the end of his days, as it says (in Iyov 5:20): "In famine, He redeemed you from death," and as it says (in Tehillim 23:1): "The L-rd is my shepherd; I shall not want." Likewise, it says (in Tehillim 37:17): "They will not be ashamed in time of calamity, and in days of famine they shall still be satisfied." וְהַשְׁמִינִי: שֶׁבַּעַל הַכִּימָיָה אֵינֶנּוּ מִתְעַכֵּב בִּשׁוּם מָקוֹם, מִיָּרָאַתוֹ שֵׁמָּא יִתְנַלֵה סוֹרוֹ.

וְהַבּוֹמֵחַ בַּאלֹהִים בְּבִמְחָה בְּאַרְצוֹ וּבִמְנוּחַת נֶפָשׁ בִּמְקוֹמוֹ, כְּמוֹ שֶׁכָּתוּב (תהלים לז, ג) "בְּמַח בַּה' וַעֲשֵׁה מוֹב שְׁכָן אֶרֶץ וּרְעֵה אֱמוּנָה", וְאָמַר (שם כמ) "צַּדִּיקִים יִירְשׁוּ אֶרֶץ וְיִשְׁכְּנוּ לָעַר עָלֶיהָ".

וְהַמְשִׁיעֵי: שֶׁבַּעַל הַכִּימָיֶה לֹא תְלַוֶּנּוּ הַכִּימִיֶּה שֶׁלוֹ בְּאַחֲרִיתוֹ וְלֹא יַשִּׂיג בָה בְּעוֹלֶם הַזֶּה זוּלַת הַבִּשָּחוֹן מִז הָרִישׁ וְהַצֶּרֶך לְבְנֵי אָדָם.

וְהַבּּוֹמֵחַ בַּה' יְלֵזֶנּוּ גְּמוּל בִּמְחוֹנוֹ בָּעוֹלֶם הַזֶּה וְלָעוֹלְם הַבָּא, כְּמוֹ שֶׁבָּתוּב (תהלים לב, י) "וְהַבּוֹמֵחַ בַּה' חֶסֶד יְסוֹרְכָנּוּ", וְאָמֵר (תהלים לא, כ) "מָה רַב מוּבְדָ אֲשֶׁע צְפַנְתָּ לִיֵרֵאֶידָ".

וְהָעֲשִׂירִי: שֶׁבַּעַל הַכִּימִיֶּה אָם וְוָּדַע עַגְיָנוֹ הִהְיֶה סִבַּת מוֹתוֹ, מִפְּגֵי שֶׁמַה שֶׁהוּא מִשְׁהַדֵּל וְמוֹרֵחַ בּוֹ הֵפֶּךְ הַנְהָגַת הָעוֹלָם, וּמַנְהִיג הַכּל יַשְׁלִים עָלָיו מִי שֶׁיְמִיתֵהוּ כְּשֶׁאֵינוֹ יוֹדֵעַ לְהַעֲלִים אֶת סוֹדוֹ. 8) The eighth manner in which one who has *bita-chon* is superior to the alchemist, is that the alchemist is not able to remain in one place out of fear that his secret will be revealed.

On the other hand, one who trusts the Almighty, is secure, living in his land and has peace of mind living in the place in which he lives, as it is written (in Tehillim 37:3): "Trust in the L-rd and do good; dwell in the land and be nourished by faith." Similarly, it says (in Tehillim 37:29): "The righteous shall inherit the land and dwell forever in it."

9) The ninth manner in which the one who has *bitachon* is superior to the alchemist, is that the alchemist's alchemistry will not accompany him in the end of his days, in the World to Come. Even in this world he will not gain anything from it other than being secure from poverty and from needing to rely on other people.

Conversely, the one who has trust in the Almighty the reward for his trust in the almighty, will accompany him both in this world and in the world to come, as it is written (in Tehillim 32:10): "But one who trusts in the L-rd, kindness will encompass him." As it says (in Tehillim 31:20): "How great is Your goodness that You have laid away for those who fear You."

10) The tenth manner in which one who has *bita-chon* is superior to the alchemist is that if his secret cause of his wealth, becomes known to others, it will be the cause of his death. For, his efforts and his labor are contrary to the rules of nature. Therefore, G-d, the one who rules everything will cause a ruler to rule over the alchemist, who will kill him, in the instance in which he is not able to conceal his secret.

Conversely, regarding one who trusts in G-d, if people will find out about his trust in G-d, he will become greater in the eyes of the people, and people will honor him. Those people will be blessed as a result of being close to him or even as a result of just seeing him and will be the cause for improvements in his city. Additionally, the one who has bitachon will also push away harm from the people of his place of living, as it says in the verse (in Mishlei 10:25) "The righteous is the foundation of the world." And as we see by the story of Lot and Tzoar (Bereshit 19:21).

## **BENEFIT OF TRUST: FINANCIAL SATISFACTION**

הַבּוֹמֵחַ בָּה' אם הוּא בַּעַל מַמוֹן יִמָהָר לְהוֹצִיא חוֹבוֹת הַאֱלֹהִים וְחוֹבוֹת בְּנֵי אָדָם מִפָּמוֹנוֹ בִּנֵפֵשׁ חֵפֵצָה וִרוּחַ נִדִיבָה. Among the advantages of having bitachon with regard to observing the commandments of the Torah, is that one who puts his trust in G-d is in a better situation than one who doesn't have bitachon. For if he has money, he will hurry to fulfill his obligations to the Almighty, such as buying Kosher Tefillin, Tzitzit, buying extra food for the Shabbos meals, and the like, as well as fulfilling his obligations to other people, such as fulfilling the commandment of Charity, or giving out loans to those in need, and so on. He will do so willingly, and generously.

If he does not have money, then he will pay attention to the fact that the lack of money is actually a kindness from G-d upon him.

מִפְּגֵי שֵׁנְסִתַּלְקו מֵעַלֵיו הַחוֹבוֹת שֵׁהוּא חַיַּב בָּהֶם לֵאלהִים וַלְבְנֵי אַדֵם בַּעֲבוּרוֹ, וּמִעוּם מִרְדֵת לְבוֹ בּשָׁמִירֵתוֹ וְהַנְהַגַתוֹ,

וָאָם אֵינֵנּוּ בַּעַל מַמוֹן יִרָאָה כִּי חֵסְרוֹן

הַמַּמוֹן מוֹבָה מִמּוֹבוֹת הַמַּקוֹם עַלַיו,

This is because as a result of not having money, he has been relieved from the obligations to G-d and to other people that would have been incumbent upon him, due to his money. And he has fewer worries regarding guarding his money and taking care of it.

וּמִתוֹעֵלֶת הַבְּשָּׁחוֹן בַה' בִּעָנִין הַתוֹרָה כִּי

וִהַבּוֹמֵחַ בַּה' כַּאֲשֵׁר וְוָדֵע בִּמָחוֹנוֹ וְגִדַל

וִיִתְבָּרְכוּ בְּקָרְבָתוֹ וּבְרָאָיָתוֹ, וִיְהָיֵה גוֹרֵם

לְהַקַּנַת עירוֹ וִלִדְחוֹת הַפָּגַעים מִעַל אַנִשִׁי

מְקוֹמוֹ, כְּמוֹ שֶׁכָּתוּב "וִצַדִיק יִסוֹר עוֹלַם",

בְּעֵינֵי הַבִּרִיּוֹת וִיכַבִּרוּהוּ בִּנֵי אָדָם

וּכָענִיַן לוֹמ בּצוֹעַר.

כְּמוֹ שֶׁנָאֲמֵר עַל אֶחָד מִזְ הַחֲסִידִים שֶׁהְיָה אוֹמֵר: הַמְּקוֹם יַצִּילֵנִי מִפּזּוּר הַנֶּפָשׁ. אָמְרוּ לוֹ: מֵה הוּא פּזּוּר הַנֶּפָשׁ? אָמֵר: שֶׁיּהְדֶה לִי מָמוֹן בְּרֹאשׁ כָּל נֶהֶר וּבְרֹאשׁ כָל קִרְיָה.

וְהוּא מַה שֶׁאָמְרוּ זִכְרוֹנֶם לְבָרָכָה (אבות ב, ז) "מַרְבֶּה נְכָסִים מַרְבֶּה דְאָנֶה", וְאָמְרוּ (אבות ד, א) "אֵיזֶהוּ עָשִׁיר הַשָּׁמֵחַ בְּהֵלְקוֹ".

וְהַבּוֹשֵׁחַ בַּה' יַשִּׂיג תּוֹעֶלֶת הַשָּׁמוֹן, רְצוֹנִי לוֹמַר פַּרְנָסָתוֹ, וְתִמְנַע מִשָּׁנּוּ מִרְדַּת הַמַּחֲשָׁבָה שֶׁל בַּעַל הַשָּׁמוֹן וְהַתְקָדַת דַּאֲנָתוֹ לוֹ, כְּמוֹ שֶׁאָמַר הֶחָבָם (קהלת ה, יא) "מְתוּקָה שְׁנַת הָעבֵר אִם מְעַם וְאָם הַרְבֵּה יֹאבַל, וְהַשָּׁבָע לֶעָשִׁיר אֵינֶנּוּ מַנִּיחַ לוֹ לִישוּן״. As has been said regarding one of the pious men, that he would say the following: "G-d should save me from the 'scattering of the mind." They asked him: "What is the 'scattering of the mind'?" He responded: "Were I to have money at the port of each river and the top of each city."

This is what they - the Rabbis - of blessed memory, meant when they said (in the Mishna, Avot 2:7): "The more possessions the more worry", and when they also said (in Avot 4:1) "Who is truly wealthy? One who is content with his lot."

One who trusts in G-d, will get all the benefits of the money, I mean to say, the benefits of his livelihood, but the disturbing thoughts of a wealthy person, and his constant worry will be withheld from him, as the Wise Man, Shlomo Hamelech, said (in Kohelet 5:11): "The sleep of the laborer is sweet, whether he eat little or much, but the satiety of the rich does not allow him to sleep."

## **BENEFIT OF TRUST: FINANCIAL STABILITY**

וּמֵהֶן כִּי הַבּּוֹמֵחַ בַּה׳ לא יִמְנָעָנּוּ רֹב הַמָּמוּן מִכְּמֹחַ בַּה׳, מִפְּנֵי שָׁאֵינֶנּוּ סוֹמֵה עַל הַמָּמוֹן, וְהוּא בְּעֵינְיו כְּפְקָדוֹן צַוְה לְהִשְׁתַּמֵשׁ בּוֹ עַל כָּנִים מְיָחָדִים וּבְעַנֶינָים מְיָחָדִים לְזַמן קַצוּב.

וְאָם יַתְמִיד קִיּוּמוֹ אֶצְלוֹ לֹא יִבְעַמ בַּעֲבוּרוֹ, וְלֹא יַזְפִיר מוֹבָתוֹ לְמִי שֶׁצָוָּה לְתֵת לוֹ מִמֶּנוּ, וְלֹא יְבַקָּשׁ עָלָיו גְּמוּל הוֹדָאָה וְשָׁבַח, אֲבָל הוּא מוֹדָה לְבוֹרְאוֹ יִתִּבָּרֶד אֲשֵׁר שַׁמֵהוּ סִבָּה לַמּוֹבוֹת. Among the spiritual benefits of *bitachon*, is that the money of the one who trusts the Almighty, will not disturb him from trusting in the Almighty, and neither his wealth nor lack of it is cause for him to sin. This is because he will not rely on his money, rather he considers it as a deposit, which he has been instructed to use in certain ways and for certain purposes for a designated amount of time.

If his wealth will continue to remain with him, he will not rebel as a result of it nor will he remind the one who he has been instructed to be kind to, of his kindness, nor will he ask him to be repaid for his kindness, nor will he ask to be thanked or praised. Instead, he will thank his Creator blessed be He, who put him in the position to be the means for the goodness of the recipient. ואם יאבר הממון ממנו לא ידאג ולא

יאבל לחסרונו, אד הוא מודה לאלהיו

בּנַתִינַתוֹ לוֹ, וִישִׂמֵח בַחַלָּקוֹ וָאֵינְנּוּ מִבַקָּשׁ

הַזָּק זוּלַתוֹ, וָלֹא יַחַמֹד אָדָם בְּמַמוֹנוֹ, כְּמוֹ

שַׁאַמַר הַחַכַם (משלי יג, כה) "צַדּיק

אוֹכֵל לִשֹּׁבֵע נֵפְשׁוֹ״.

בַקַחָתוֹ פַּקָרוֹנוֹ מֵאָתוֹ כַאַשִׁר הוֹדָה

Even if he loses his money, he will not worry, nor will he mourn its loss. Instead he will thank G-d for taking the deposit away from him, just as he thanked him when it was given to him in the first place. He will rejoice with his portion, will not seek that others be harmed, and will not be desirous of other people's money. As the Wise Man, Shlomo Hamelech said (in Mishlei 13:25): "A righteous man eats to sate his appetite."

## MATERIAL BENEFITS OF HAVING TRUST

, אַדְ הּוֹעָלוֹת הַבִּטְּחוֹן בְּעוֹלָם However, the benefits of *bitachon* in worldly matters are as follows:

## **BENEFIT OF TRUST: CALMNESS AND SECURITY**

Among them, is the peace of mind from the worries of the world and peace from the nagging of the soul and its pain which is due to its lack of obtaining its physical desires. But the one who has *bitachon* is at rest, feels secure and is at peace in this world as it is written (in Yirmiyahu 17:7): "Blessed is the man who trusts in the L-rd; the Lord shall be his trust." And as it says in the following verse (Yirmiyahu 17:8): "For he shall be like a tree planted by the water, and by a rivulet spreads its roots."

**BENEFIT OF TRUST: NO NEED FOR EXCESSIVE TRAVELS** 

וּמֵהֶן מְנוּחַת הַנֶּפָּשׁ מִלֶּכֶת בִּדְרָכִים הָרְחוֹקִים, אֲשֶׁר הִיא מְכַלֶּה הַגּוּפּוֹת וּמְמַהֶרֶת הַשְׁלְמַת יְמֵי הַחַיִּים, כְּמוֹ שֶׁנֶּאֱמַר (תהלים קב, כר) "עִנְּה בַדֶּרֶך כּחִי קַצַר יָמֵי". Among the material benefits, is that having *bita-chon* causes you to have peace of mind which comes from not needing to travel long distances. Such travel, which due to the excessive moving around involved and change of climate one experiences, can destroy people's bodies and hastens a person's death. As it says (in Tehillim 102:24): "He has afflicted my strength on the way; He has shortened my days."

מֵהֶן מְגוּחַת הַלֵּב מִן הַדְּאָגוֹת הָעוֹלָמִיוֹת, וְהַשַּׁלְוֶה מִגּּדְנוּד הַגָּפָשׁ וְצַעֲרָהּ לְחֶסְרוֹן הַאֲווֹתֶיהָ הַגּוּפִּיּוֹת, וְהוּא בְּהַשְׁמֵט וּבְבַמְחָה וּבְשַׁלְוֶה בָּעוֹלָם הַזֶּה, כְּמו שֶׁבָּתוּב (ירמיה יז, ז) ״בָּרוּדָ הַגָּבֶר אֲשֶׁע יַבְמַח בַּה' וְהָיָה ה' מִבְמַחוֹ״, וְאָמַר (שם יוְהָיָה כְּעֵץ שֶׁתוּל עַל מַיִם וְעַל יוּבַל יִשַׁלַח שָׁרָשָׁוי. וְגָאֲמַר עַל אֶחָד מִן הַפְּרוּשִׁים כִּי הָלַף אָל אֶרֶץ רְחוֹקָה לְבַמָּשׁ הַפָּרָף בִּתְחַלַת פְּרִישׁוּתו, וּפָגַע אָדָם אֶחָד מֵעוֹבְדֵי כוֹכָבִים בָּעִיר אֲשֶׁר הַלֵּף אֵלֶיהָ. אָמַר לו הַפָּרוּש: כַּמָה אַתֶם בְּתַכְלִית הָעָוָרוֹן וּמִעוּמ הַהַבָּגָה בַּעֲבוֹדַתְכֶם לַכּוֹכָבִים!

אָמַר לוֹ הָאַמְגוֹשִׁי: וּמָה אַתָּה עוֹבֵד? אָמַר לוֹ הַאַּמְגוֹשִׁי: וּמָה אַתָּה עוֹבֵד? הַיָּכוֹל, הַמְכַלְבֵּל הָאֶחָד, הַמַּמְרִיף אֲשֶׁר אֵין כָּמוֹהוּ. אָמַר לוֹ הָאָמְגוֹשִׁי: כָּעָלְד סוֹתַר אֶת דְּבָרֶידְ. אָמַר לוֹ הַפָּרוּשׁ: וְהֵיאַדְ? אָמַר לוֹ: אִלּוּ הָיָה מַה שֶׁאָמַרְתָ אֶמֶת, הָיָה מַמְרִיפְדָ בְּעֵירְדָ כְּמוֹ שֶׁהִמְרִיפְדָ הַגָּה, וְלֹא הְיִית מוֹתַח לְבוֹא אֶרָץ רְחוֹקָה כָּזֹאת.

וְנִפְּסְקָה מַעֲנַת הַפָּרוּשׁ וְשָׁב לְאַרְצוֹ, וְקָבֵּל הַפְּרִישׁוּת מָן הָעֵת הַהִיא וְלֹא יָצָא מֵעִירוֹ אַחַר כָּךָ. And as it has been said regarding one of the ascetics, that he went to a far-away land to seek his sustenance during the beginning of his asceticism. During his travels he met a worshipper of the stars in the city to which he had traveled. The ascetic said to the worshipper of the stars: "How much are you in a state of ultimate blindness; and lack of understanding in your service to the stars."

The idol worshipper responded by saying: "and whom do you serve?" The Ascetic replied: "I serve the Creator who is able to do anything, who sustains, who is one, who provides food for each person according to his needs and whom there is no one like him. The idol worshipper responded by saying "your actions contradict your words". The Ascetic said to him: "how so?" He, the idol worshipper responded: "If what you said were to be true, then he, G-d would provide for you in your city just as he provided for you until now, and you would not need to bother yourself to come to this far away land.

With this the argument of the ascetic was suppressed, and as a result he returned to his land and accepted upon himself to be an ascetic from that time and on, and did not leave his city after this at all.

## **BENEFIT OF TRUST: AN EASY OCCUPATION**

Among the material benefits is that *bitachon* causes a person to have **peace of mind and body**, that come **from not needing to perform difficult work**, **nor** engage **in occupations that tire out the body**, **and** he will also be at peace due to him being able **to abandon the service of kings and their laws**, **and** to avoid the corruption of their servants.

וּמֵהֶן מְנוּחַת הַנֶּפֶשׁ וְהַגּוּף מִן הַמַּעֲשִׁים הַקַּשִׁים וְהַמְּלָאכוֹת הַמְיַגְּעוֹת אֶת הַגּוּפוֹת, וַעֲזוֹב עֲבוֹדַת הַמְּלָכִים וְחֻפֵּיהֶם וַחֲמַם אַנְשֵׁיהֶם. One who trusts in the Almighty chooses those means of sustenance for himself which entail more rest for his body, which give him a good name and which leave his heart free from worry.

He also chooses those occupations which are more helpful for his Torah obligations. All this is due to his strong belief, that the means of sustenance will not add to his amount of sustenance nor will it cause him to lack anything. His amount of sustenance will only be increased or decreased, by the decree of the Almighty blessed be He.

As it says (in Tehillim 75:7-8): "For it is not from the east or from the west, nor from the desert, that elevation comes. But God judges; He humbles this one and elevates that one." And as it says (in Tehillim 23:2): "He causes me to lie down in green pastures; He leads me beside still waters."

וְהַבּוֹמֵחַ בַּה' הוּא תּוֹבַעַ מִסְבּוֹת הַשֶּׁרֶף מַה שֶׁיֵשׁ בּוֹ יוֹתֵר מְנוּחָה לְגוּפּוֹ וְשָׁם מוֹב לוֹ וּפְנַאי לְלָבּוֹ,

וּמַה שֶׁהוּא מֵפִיק יוֹתֵר לְחוֹבוֹת תּוֹרָתוֹ עָם יֶתֶר אֱמוּנְתוֹ, כִּי הַפִּבָּה לֹא תוֹסִיף לוֹ בְּחֻקּוֹ וְלֹא תְחַפְּרֵהוּ מִכֶּגוּ מְאוּמָה אֶלָּא בִּגְזֵרַת הָאֱלֹהִים יִתְבְּרֵךָ,

כְּמוֹ שֶׁנֶאֲמַר (תהלים עה, ז־ח) ״כִּי לֹא מִמּוֹצָא וּמִמַּעֲרָב וְלֹא מִמִּדְכָּר הָרִים, כִּי מָמּוֹצָא וּמִמַעֲרָב וְלֹא מִמִּדְכָּר הָרִים, וְאָמַר אֶלֹהִים שׁפֵׁמ זֶה יַשְׁפִּיל וְזֶה יָרִים״, וְאָמַר (תהלים כג, ב) ״בִּנְאוֹת דֶישֶׁא יַרְבָּיצֵנִי עַל מֵי מְגָחוֹת יְנָהֲלֵנִי״.

## **BENEFIT OF TRUST: HAS NO DISTRESS**

וּמֵהֶן מִעוּים צַעַר גַפְּשׁוֹ בְּמִסְחָרוֹ, וְאָם הִתְעַבֵּב אֶצְלוֹ פְּרַקְמַטְיָא, אוֹ אִם לֹא יוּכַל לְגָבוֹת חוֹבוֹ, אוֹ אִם יִפְּגָּעֵהוּ חֲלִי בְּגוּפוֹ,

מִפְּגֵי שֶׁהוּא יוֹדֵעַ כִּי הַבּוֹרֵא יִתְבָרָה מְתַקֵּן עַנְיָנוֹ יוֹתֵר מִמֶּנּוּ, וּבוֹתֵר לוֹ מוֹב יוֹתֵר מִמַּה שֶׁהוּא בּוֹחֵר לְעַצְמוֹ, כְּמוֹ שֶׁנֶּאֲמֵר (תהלים סב, ו) "אָך לֵאלהִים דּוֹמִי נַפְּשִׁי כִּי מִמֶּנּוּ תִקְוָתִי". Among the material benefits is, that a man who has *bitachon* will have less anguish in business, if for example, he cannot sell his merchandise, or if he is not able to collect a debt that is owed to him or if he becomes physically ill.

This is because he knows that the Creator blessed be He, repairs his matters better than he does, and chooses for him, that which is better than that which he would choose for himself. As it says (in Tehillim 62:6): "Only to G-d should you hope, my soul, for my hope is from Him."

## **BENEFIT OF TRUST: ALWAYS HAPPY**

ּוּמַהֶן שִּׁמְחָתוֹ בְּכָל עַנְיָן שֶׁיֶעְתַק אֵלָיו וְאִם יִהְיֶה כְּנָגֶר מִבְעוֹ, מִפְּנֵי בִמְחוֹנוֹ בּאלהִים שֶׁלֹּא יַעֲשֶׁה לוֹ אֶלָּא הַמּוֹב לוֹ בְּכָל עַנְיָן, כַּאֲשֶׁה תַּעֲשֶׁה הָאֵם הַחוֹמֶלֶת לְבָנֶה בִּרְחִיצְתוֹ וְחִתּוּלוֹ וּקְשִׁירָתוֹ וְהַתָּרֶתוֹ עַל כִּרְחוֹ,

כמו שֵׁאַמֵר דַּוְד עַלַיו הַשָּׁלוֹם (תהלים

קלא, ב) "אם לא שויתי ודוממתי נפשי

בּגָמָל עֵלֵי אָמוֹ בַּגָּמָל עַלֵי נַפִּשִׁי״.

Among the material benefits is that one who has *bitachon* is happy with whatever is forced upon him even if it is something difficult which is against his nature. He is able to be happy because of his trust in the Almighty that he will only do to him that which is good for him in all matters, just as a caring mother will do to her child when she washes him, diapers him, swaddles him and unswaddles him, even if it is against the will of the child.

As Dovid Hamelech, of blessed memory said (in Tehillim 131:2): "I swear that I calmed and quieted my soul like a suckling on its mother; like a suckling was my soul with me."

## THE SEVEN CHAPTERS OF THE GATE OF TRUST IN GOD

וְכֵיוָן שֶׁבֵּאַרְתִּי מִתּוֹעֲלוֹת הַבִּשְּׁחוֹן בַּאלהִים וַהַנָּאוֹתִיו בַּתּוֹרָה וּבָעוֹלָם מַה שֶׁנּוְדַּמֵן לִי, אֲבָאֵר עַתָּה מֵעַנְיֵן הַבִּשְּׁחוֹן שָׁבִעָה דְבָרִים. Being that I have explained the benefits of having trust in the Almighty, and it's benefits both with regard to Torah matters and with regard to material pursuits, from what has occurred to me, I will now explain seven matters pertaining to *bitachon*:

אֶחָר מֵהֶם, מַה הוּא הַבִּשְּׁחוֹן. הַשֵּׁנִי, בְּסִבּוֹת הַבִּשְׁחוֹן עַל הַבְּרוּאִים.

וְהַשְּׁלִישִׁי, בְּבֵאוּר הַהַקְדָּמוֹת אֲשֶׁר בַּעֲבוּרָן יִתְחַיֵּב הַבִּשְּׁחוֹן בֵּאלֹהִים וְחִיוּב הַעֵּכֵק בַּפִבּוֹת.

וְהָרְבִיעִי, בְּבֵאוּר הַדְּבָרִים אֲשֶׁר בָּהֶם יִהְיֶה הַבְּשָׁחוֹן וְחִיוּב שִׁבְחוֹ וּגָנוּתוֹ בָּהֶם.

וְהַחֲמִישִׁי, בַּהֶפְרֵשׁ שֶׁיֵשׁ בֵּין עֵסֶק הַבּוֹמֵחַ בַּאלֹהִים בְּסִבּוֹת הַמֶּרֶף וּבֵין עֵסֶק מִי שֶׁאֵינוֹ בּוֹמֵחַ בַּאלֹהִים בָּהֶם. 1) What is 'trust'?

2) The causes which enable a person to trust in another.

3) Explaining the prerequisites which due to them, one is obligated to have trust in the Almighty as well as explaining the obligation to engage in the means to pursue a livelihood.

4) Explaining the matters regarding which one should trust in G-d for them, as well as when it is a praiseworthy thing and when it is not.

5) The difference between how a man who has trust in the Almighty engages in the means of pursuing a livelihood and how a man who does not have trust in the Almighty engages in them. 6) To e וְהַשִּׁשִׁי, בְּבָאוּר אָפְנֵי חִיוּב גְּנוּת דַּעַת
6) To e הָאוֹמְרִים בָּאֲרִיכוּת הַתַּאֲווֹת בְּעוֹלֶם, that on
וּמְיַחֲלִים נַפְשׁוֹתֶם בְּקַבְּלַת עֲבוֹדַת
say tha הָאֵלְהִים בְּשֵׁיַגִּיעוּ לְחֶפְצָם בּוֹ, וְהֵם בַּעֲלֵי
sures c הַמַּשְׁבּוֹנוֹת.

וְהַשְּׁבִיעֵי, בְּמַפְסִידֵי הַבִּשְׁחוֹן בֵּאלֹהִים, וְכָל מֵה שֶׁצְרִידְ לְדַבֵּר בְּעִנְיַן הַבִּשְׁחוֹן, וּלְקַצֵּר בַּחֵלֵקֵיו. 6) To explain the ways in which logic dictates that one must criticize the opinion of those who say that one should engage in pursuing the pleasures of the world, and delay accepting upon themselves the service of the Almighty, until they obtain their materialistic desires, whom are referred to as the owners of collaterals.

7) To explain those matters which destroy a person's capability to trust in the Almighty. Also, to elaborate on all that we need to discuss regarding the matter of trust, and to make a summary of the levels of trust.